# Youth Mentoring Programs (taxpayer costs only)

#### Program description:

Youth mentoring programs include school- and community-based programs such as Big Brothers/Big Sisters. A typical program matches an adult volunteer with a middle school-aged at-risk youth to meet one to four times per month for activities and guidance. This set of results includes our estimates for taxpayer costs only (and excludes the cost of volunteer time).

Typical age of primary program participant: 13

Typical age of secondary program participant: N/A

**Meta-Analysis of Program Effects** 

| Primary or<br>Second-<br>ary | No. of<br>Effect<br>Sizes | Unadjusted Effect Sizes (Random Effects Model) |  |  | Adjusted Effect Sizes and Standard Errors Used in the Benefit-Cost Analysis  |  |   |   |   |   |
|------------------------------|---------------------------|--|--|--|--|--|---|---|---|---|
| Partici-<br>pant             |                           |  |  |  | First time ES is estimated   |  | Second time ES is estimated   |   |   |   |
|                              |                           | ES   | SE   | p-value  | ES   | SE   | Age   | ES  | SE  | Age   |
| Р                            | 1                         | -0.07  | 0.06   | 0.27   | -0.07  | 0.06   | 14  | -0.07   | 0.06  | 24  |
| Р                            | 2                         | 0.28   | 0.38   | 0.27   | 0.09   | 0.38   | 18  | 0.09  | 0.38  | 18  |
| Р                            | 1                         | 0.41   | 0.14   | 0.00   | 0.41   | 0.14   | 14  | 0.41  | 0.14  | 24  |
| Р                            | 1                         | 0.25   | 0.09   | 0.00   | 0.25   | 0.09   | 14  | 0.25  | 0.09  | 24  |
| Р                            | 9                         | 0.15   | 0.08   | 0.05   | 0.10   | 0.08   | 14  | 0.10  | 0.08  | 17  |
|                              | P P P                     | ary Participant  P 1 P 2 P 1 P 1               | ary Participant         Sizes           P         1         -0.07           P         2         0.28           P         1         0.41           P         1         0.25 | ary Participant         Sizes           P         1         -0.07         0.06           P         2         0.28         0.38           P         1         0.41         0.14           P         1         0.25         0.09 | ary Participant           ES         SE         p-value           P         1         -0.07         0.06         0.27           P         2         0.28         0.38         0.27           P         1         0.41         0.14         0.00           P         1         0.25         0.09         0.00 | ary Participant         Sizes           ES         SE         p-value         ES           P         1         -0.07         0.06         0.27         -0.07           P         2         0.28         0.38         0.27         0.09           P         1         0.41         0.14         0.00         0.41           P         1         0.25         0.09         0.00         0.25 | ary Participant         Sizes           ES         SE         p-value         ES         SE           P         1         -0.07         0.06         0.27         -0.07         0.06           P         2         0.28         0.38         0.27         0.09         0.38           P         1         0.41         0.14         0.00         0.41         0.14           P         1         0.25         0.09         0.00         0.25         0.09 | ary Participant         Sizes           ES         SE         p-value         ES         SE         Age           P         1         -0.07         0.06         0.27         -0.07         0.06         14           P         2         0.28         0.38         0.27         0.09         0.38         18           P         1         0.41         0.14         0.00         0.41         0.14         14           P         1         0.25         0.09         0.00         0.25         0.09         14 | ary Participant         Sizes         First time ES is estimated         Security           ES         SE         p-value         ES         SE         Age         ES           P         1         -0.07         0.06         0.27         -0.07         0.06         14         -0.07           P         2         0.28         0.38         0.27         0.09         0.38         18         0.09           P         1         0.41         0.14         0.00         0.41         0.14         14         0.41           P         1         0.25         0.09         0.00         0.25         0.09         14         0.25 | ary Participant         Sizes         First time ES is estimated         Second time estimated           ES         SE         p-value         ES         SE         Age         ES         SE           P         1         -0.07         0.06         0.27         -0.07         0.06         14         -0.07         0.06           P         2         0.28         0.38         0.27         0.09         0.38         18         0.09         0.38           P         1         0.41         0.14         0.00         0.41         0.14         14         0.41         0.14           P         1         0.25         0.09         0.00         0.25         0.09         14         0.25         0.09 |

Benefit-Cost Summary

| The estimates shown are present value, life cycle    |
|--|
| benefits and costs. All dollars are expressed in the |
| base year chosen for this analysis (2011). The       |
| economic discount rates and other relevant           |
| parameters are described in Technical Appendix 2.    |
|  |

| Program Benefits |         |         |          |          | Costs    | Summary Statistics |         |          |             |  |
|------------------|---------|---------|----------|----------|----------|--------------------|---------|----------|-------------|--|
|                  |         |         |          |          |          |                    |         |          | Probability |  |
|                  |         |         |          |          |          |                    | _       |          | of a        |  |
|                  |         |         |          |          |          |                    | Return  |          | positive    |  |
|                  |         |         |          |          |          | Benefit            | on      | Benefits | net         |  |
| Partici-         | Tax-    |         | Other    | Total    |          | to Cost            | Invest- | Minus    | present     |  |
| pants            | payers  | Other   | Indirect | Benefits |          | Ratio              | ment    | Costs    | value       |  |
| \$4,822          | \$2,529 | \$1,575 | \$1,275  | \$10,201 | -\$1,473 | \$8.29             | 16%     | \$8,728  | 62%         |  |

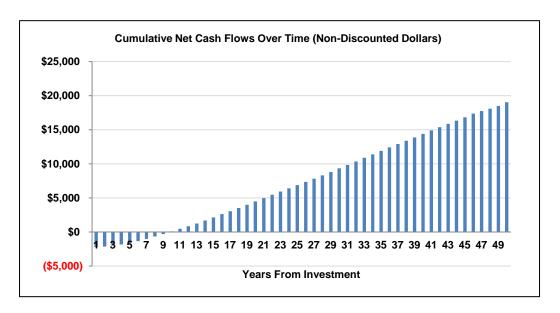
**Detailed Monetary Benefit Estimates** 

| Source of Benefits                       | Partici-<br>pants | Tax-<br>payers | Other   | Other<br>In-direct | Total<br>Benefits |
|--|-------------------|----------------|---------|--------------------|-------------------|
| From Primary Participant                 |                   |                |         |                    |                   |
| Crime                                    | \$0               | \$495          | \$1,759 | \$251              | \$2,505           |
| Earnings via high school graduation      | \$4,852           | \$1,786        | \$0     | \$835              | \$7,473           |
| Property loss from alcohol disorder      | \$0               | \$0            | \$1     | \$0                | \$1               |
| Property loss from illicit drug disorder | \$1               | \$0            | \$2     | \$0                | \$2               |
| Health care costs via education          | -\$32             | \$248          | -\$186  | \$189              | \$219             |

## **Detailed Cost Estimates**

| The figures shown are estimates of the costs to  | Program Costs |                     | Comparison Costs |                |                     | Summary Statistics |   |                           |
|--|---------------|---------------------|------------------|----------------|---------------------|--------------------|---|---------------------------|
| implement programs in Washington. The comparison group costs reflect either no treatment or treatment as usual, depending on how effect sizes were calculated in the meta-analysis. The uncertainty range is used in | Annual        | Program<br>Duration | Year<br>Dollars  | Annual<br>Cost | Program<br>Duration | Year<br>Dollars    | Present Value of<br>Net Program<br>Costs (in 2011<br>dollars) | Uncertainty<br>(+ or – %) |
| Monte Carlo risk analysis, described in Technical Appendix 2.  | \$1,000       | 1                   | 1992             | \$0            | 1                   | 1992               | \$1,475   | 20%                       |

Source: Cost estimates are based on Institute estimates derived from the Big Brothers/Big Sisters program, as described in J.B. Grossman and J.P. Tierney (1998). Does mentoring work? An impact study of the Big Brothers Big Sisters Program. Evaluation Review, 22(3): 403-426. Excluding the cost of using volunteers, the taxpayer-only cost was approximately \$1,000 in 1992.



Typical age of secondary program participant: N/A

### Multiplicative Adjustments Applied to the Meta-Analysis

| Type of Adjustment  | Multiplier |
|---|------------|
| 1- Less well-implemented comparison group or observational study, with some covariates.         | 0.5        |
| 2- Well-implemented comparison group design, often with many statistical controls.              | 0.5        |
| 3- Well-done observational study with many statistical controls (e.g., instrumental variables). | 0.75       |
| 4- Random assignment, with some implementation issues.  | 0.75       |
| 5- Well-done random assignment study.   | 1.00       |
| Program developer = researcher  | 0.5        |
| Unusual (not "real-world") setting  | 0.5        |
| Weak measurement used   | 0.5        |

### Studies Used in the Meta-Analysis

- Aiello, H. S. (1989). Assessment of a mentor program on self-concept and achievement variables of middle school underachievers. *Dissertation Abstracts International*, 49(07), 1699A.
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- DeSocio, J., VanCura, M., Nelson, L. A., Hewitt, G., Kitzman, H., & Cole, R. (2007). Engaging truant adolescents: Results from a multifaceted intervention pilot. *Preventing School Failure*, *51*(3), 3-9.
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- Johnson, A. (1999, December). Sponsor-a-Scholar: Long-term impacts of a youth mentoring program on student performance (Document No. PR99-99). Princeton, NJ: Mathematica Policy Research.
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